



Macon County Public Health

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Press Release

February Ladies Night Out Program

What's in Your Medicine Cabinet?

Join us at the upcoming Ladies Night Out program on February 25th. The program is "What's in Your Medicine Cabinet?". The program will begin at 5:30 p.m. in the cafeteria at Angel Medical Center. All women are invited to attend this meeting and are asked to encourage all the women in their life, who are over the age of 13 years, to attend with them.

This month's charity and proceeds will go to REACH. Items they need include bottled water, canned soups and spaghetti and meatballs, packed snacks (gummies, chips, peanut butter crackers, breakfast and granola bars), toilet tissue, paper towels, hand sanitizer, and personal hygiene items. Monetary donations are also welcomed.

Ladies Night Out is a partnership between Macon County Public Health and Angel Medical Center to provide free monthly programs on a variety of health topics for women with an emphasis on the importance of regular health screenings.

PHOTO CAPTION: Door prize winners for Ladies Night Out and Men's Night Out program in January at the 5:30 p.m. meeting were: Wayne Chandler, Phyllis Cardoza, Grace Johnson, Elena Marsh, Myrtle Epps, Linda Swafford, and Betty Penland.

